

CURRICULUM VITAE

Carrie J. Aigner, Ph.D.
Cal Poly Humboldt
Department of Psychology
1 Harpst St.
Arcata, CA 95521

PROFESSIONAL APPOINTMENTS

- 2014- present Associate Professor (with tenure), California Polytechnic State University Humboldt, Department of Psychology
- 2011-2014 National Cancer Institute (NCI) R25T Postdoctoral Research Fellowship in Cancer Prevention, The University of Texas MD Anderson Cancer Center

EDUCATION

- 2011 Internship in Clinical Psychology
Southwest Consortium, Raymond G. Murphy VA and University of New Mexico (APA accredited)
- 2011 Ph.D., Clinical Psychology
Purdue University (APA accredited)
Dissertation: *The Role of Motivation and Expectancy in the Placebo Effect.*
- 2008 M. S., Clinical Psychology
Purdue University
Thesis: *Do Expectancies Explain the Health Effects of Expressive Writing?*
- 2005 Post B.A. Coursework in Psychology
University of Wisconsin-Milwaukee
- 2004 B. A., Finance, with Distinction
University of Wisconsin-Madison

PEER REVIEWED PUBLICATIONS *Designates student co-author

- Aigner, C.** (2024). The role of self-stigma and depressive symptomatology in mental health help-seeking. *Journal of College Student Mental Health*, 1-6.
<https://doi.org/10.1080/28367138.2024.2329599> (accepted; available as e-pub ahead of print).
- Aigner, C.** & Dammeyer, J. (2022). Pain, smoking, and the moderating effect of gender in a large, representative sample of Danish adults. *Journal of Addictive Diseases*, 41(1), 110-115. <https://doi.org/10.1080/10550887.2022.2078641>
- Haegele, J., **Aigner, C.**, & Healy, S. (2021). Impact of weight and disability status on bullying and victimization and perpetration among youth. *Journal of Paediatrics and Child Health*, 57(3), 383-387. <https://doi.org/10.1111/jpc.15230>
- Haegele, J., **Aigner, C.**, & Healy, S., (2020). Extracurricular Activities and Bullying Among Children and Adolescents with Disabilities. *Maternal and Child Health Journal*, 24, 310-318. <https://doi.org/10.1007/s10995-019-02866-6>
- Healy, S., **Aigner, C.**, Haegele, J., & Patterson, F. (2019). Meeting the 24-hour movement guidelines: An update on US Youth with Autism Spectrum Disorder from the 2016 National Survey of Children's Health. *Autism Research*, 12(6), 941-951.
<https://doi.org/10.1002/aur.2095>
- Haegele, J., **Aigner, C.**, & Healy, S., (2019). Prevalence of meeting physical activity, screen-time and sleep guidelines among children and adolescents with and without visual impairments in the United States. *Adapted Physical Activity Quarterly*, 36(3), 399-405.
<http://doi.org/10.1123/apaq.2018-0130>.
- Haegele, J., **Aigner, C.**, & Healy, S., (2019). Physical activity, body mass index, and health status among youth with severe visual impairments aged 13-17 years in the United States. *Disability and Health Journal*, 12(1), 24-28. <https://doi.org/10.1016/j.dhjo.2018.07.001>
- Healy, S., **Aigner, C.**, & Haegele, J. (2019) Prevalence of overweight and obesity among US youth with autism spectrum disorder. *Autism*, 23(4), 1046-1050.
<https://doi.org/10.1177/1362361318791817>
- Aigner, C.**, Gritz, E., Tamí, I., Baum, G., Arduino, R., & Vidrine, D. (2017). The role of pain in quitting among human immunodeficiency (HIV)- positive smokers enrolled in a smoking cessation trial. *Substance Abuse*, 38(3), 249-252.
<https://doi.org/10.1080/08897077.2017.129146>
- Tamí, I., **Aigner, C.**, *Hong, J. & *Rush, S. (2016). The association of smoking status with English and Spanish language use as a proxy of acculturation among Mexican Americans. *Journal of Immigrant and Minority Health*, 19, 1156-1162.

- Aigner, C.**, Cinciripini, P, Anderson, K., Gritz, E., Baum, G., & Lam, C. (2016). The association of daily smoking with daily pain in an electronic diary study of cancer patients trying to quit. *Nicotine and Tobacco Research*, 18(6), 1449-1455.
- Aigner, C.** & Svanum, S. (2014). Motivation and expectancy influences in placebo responding: The mediating role of attention. *International Journal of Psychology*, 49, 488-497.
- Aigner, C.**, Hernandez, M., Koyyalagunta, L., & Novy, D (2014). The association of pre-surgery psychological symptoms with post-surgery pain among cancer patients receiving implantable devices for pain management. *Supportive Care in Cancer*, 22, 2323-2328.
- Tami-Maury, I., **Aigner, C. J.**, *Hong, J., Strom, S., Chambers, M. S., & Gritz, E. R. (2014) Perception of tobacco use prevention and cessation among faculty members in Latin American and Caribbean dental schools. *Journal of Cancer Education*, 29, 634-641.
- Lam, C., Businelle, M., **Aigner, C.**, McClure, J., Cofta-Woerpel, L., Cinciripini, P., & Wetter, D. (2014). Individual and combined effects of multiple high-risk triggers on postcessation smoking urge and lapse. *Nicotine and Tobacco Research*, 5, 569-575.
- Koyyalagunta, D., Bruera, E., **Aigner, C.**, Nusrat, N., Driver, L., & Novy, D (2013). Risk stratification of opioid misuse among patients with cancer pain using the SOAPP-SF. *Pain Medicine*, 14, 667-675.
- Svanum, S. & **Aigner, C.** (2011). The influence of course effort, mastery and performance goals, grade expectancies, and course grades on student ratings of course satisfaction. *British Journal of Educational Psychology*, 81, 667-679.

CHAPTERS AND NON-PEER REVIEWED PUBLICATIONS

- Novy, D. & **Aigner, C.** (2014) The biopsychosocial model in cancer pain. *Current Opinion in Supportive & Palliative Care*, 8, 117-123.
- Aigner, C.** & Novy, D. (2014). Symptom burden, pain, and the problems with “somatization” diagnosis. In E. Bruera (Ed.) *Textbook of Palliative Medicine and Supportive Care*, 2nd Edition. Taylor & Francis, CRC Press: London
- Novy, D. & **Aigner, C.** (2013). *Promoting Cultural Competence in Pain Management: A Videoconferencing Approach*. In Curriculum Development, Innovation, and Reform. Nova Science Publishers: Hauppauge, New York.
- Aigner, C.** & Novy, D. (2011). Easing the Pain of Cancer. *Coping with Cancer*, November-December issue.

PROFESSIONAL CONFERENCE PRESENTATIONS *Designates student co-author

*Cruces, J., *Polanco-Mendoza, K., *Ruelas, K., **Aigner, C.** (2024) *Depressive Symptomatology Mediates the Relationship between Self-Stigma and Mental Health Help-Seeking Intention*. Poster presented at the Association for Psychological Science (APS) Annual Conference in San Francisco, CA.

Aigner, C., Dammeyer, J., & *Worthington, J. (2024). *The Moderating Effects of Age on the Relationship between Cannabis and Tobacco Smoking and Pain*. Poster presented at the Association for Psychological Science (APS) Annual Conference in San Francisco, CA.

*Worthington, J., *Connelly, M., & **Aigner, C.** (2024). *Changes in Motivation and Intention to Change Multiple Health Behaviors Associated with a College Health Course*. Poster presented at the Western Psychological Association (WPA) Annual Conference in San Francisco, CA.

*Egbert, N., *Tighe, C., *Vazquez, K., *Reynolds, H., *Gora, C., *Roque, B., & **Aigner, C.** (2020). *Examining Stigma as a Predictor of Formal vs Informal Help-Seeking among College Students* (2020). Poster presented at the Western Psychological Association (WPA) Annual Conference (virtual presentation).

*Deleamar, T. & **Aigner, C.** (2018). *The Influence of Involvement and Campus Climate on the GPA of Black College Students*. Poster presented at the Western Psychological Association (WPA) Annual Conference in Portland, OR.

*Meija, T., *Skillman, B., *Blanco, S., *Conde, D., & **Aigner, C.** (2017). *Mental health stigma and help-seeking among college students*. Poster presented at the Western Psychological Association (WPA) Annual Conference in Sacramento, CA.

*Gonzalez, I., *Leontyev, V., *Kilogore, H., *Gardner, O., & **Aigner, C.** (2017). *Health attitude change associated with health education among college students*. Poster presented at the Western Psychological Association (WPA) Annual Conference in Sacramento, CA.

Aigner, C., Gritz, E., Tami-Maury, I., Baum, G., Arduino, R., & Vidrine, D. (2016). *The Role of Pain in Quitting among HIV Positive Smokers Enrolled in a Smoking Cessation Trial*. Poster presented at the Society for Behavioral Medicine (SBM) Annual Conference in Washington, DC.

*Gonzalez, I., *Martinez, M., *Ottey, Z., **Aigner, C.** (2016). *Student perceptions of diversity in university curriculum: Informing course design*. Poster to be presented at the Western Psychological Association (WPA) Annual Conference in Long Beach, CA.

Aigner, C., Lam, C., Novy, D., & Gritz, E. (2015). *The relationship of pain interference to smoking among women with cancer pain beginning smoking cessation treatment*. Poster presented at the Association for Psychological Science Annual Conference in New York, New York.

Aigner, C., Hernandez, M., Koyyalagunta, L. (presenter), & Novy, D. (2014). *Examining Pre- to Post- Changes in Anxiety, Depression, and Pain among Cancer Patients Receiving Spinal Cord Stimulator or Intrathecal Pump Implants for Pain Management*. Poster presented at the International Association for the Study of Pain, 15th World Congress on Pain, Buenos Aires, Argentina.

Tami-Maury, I. (presenter), **Aigner, C.**, *Rush, S., *Hong, J., Strom, S., & Gritz, E. (2014). *The association of acculturation with smoking status among Mexican Americans*. International Epidemiological Association, 20th World Congress of Epidemiology. Anchorage, AK.

Aigner, C., Hernandez, M., Koyyalagunta, L., & Novy, D. (2014). *The Relation of Psychological Symptoms to Implantable Device Outcomes for Cancer Pain Management*. Poster presented at the Society of Behavioral Medicine Annual Conference, Philadelphia, PA.

Aigner, C., Cinciripini, P, Anderson, K., & Lam, C. (2014). *Greater Pain Relates to Fewer Quit Attempts in an Electronic Daily Diary Study of Cancer Patients Enrolled in a Smoking Cessation Program*. Poster presented at the American Society for Preventative Oncology Annual Conference, Arlington, VA.

Aigner, C., Cinciripini, P, Anderson, K., & Lam, C. (2013). *Pain is Associated with Increased Smoking among Cancer Patients Trying To Quit*. Poster presented at the Society for Research on Nicotine and Tobacco Annual Conference, Boston, MA.

Aigner, C., Gebhardt, R., Koyyalagunta, L., Novy, D. (2013). *Changes in Cognitive Functioning Associated with Intrathecal Delivery of Pain Medication*. Poster presented at the Cancer Survivorship Retreat, Houston, TX.

Aigner, C., Novy, D., & Koyyalagunta, L. (2012). *Psychosocial Predictors of Implantable Device Outcomes in Cancer Pain Management*. Poster presented at the Cancer Survivorship Retreat, Houston, TX.

Aigner, C. & Svanum, S. (2009). *The Influence of Student Motivation and Course Performance on Student Evaluations of Teaching*. Poster presented at the Association for Psychological Science (APS) Annual Conference: APS and Society for Teaching Psychology (STP) Teaching Institute Poster Session, San Francisco, CA.

Svanum, S. & **Aigner, C.** (2008). *Student Grade Success Influences Course Satisfaction*. Poster presented at the Association for Psychological Science (APS) Annual Conference: APS and Society for Teaching Psychology (STP) Teaching Institute Poster Session, Chicago, IL.

GRANTS AND AWARDS

- 2023 **Recipient**, Cal Poly Humboldt Research, Scholarship, and Creative Activities Program (RSCA) 23-24
Mental Health Stigma and Help-Seeking
\$4,144
- 2016 **Recipient**, HSU Faculty Research Incentive Award Program
Co-Collaborators: Carrie Aigner and Maria Iturbide
Sociocultural Factors Associated with the Retention and Academic Success among Students of Color
- 2015 **Recipient**, Humboldt State University Office of Diversity and Inclusion Faculty Diversity Development Grant
Integrating Diversity Related Content into Course Curriculum
\$7,621
- 2012-2014 **Recipient**, National Cancer Institute R25T Post-doctoral Fellowship in Cancer Prevention and Control, MD Anderson Cancer Center (NCI R25T CA57730)
The Role of Pain and Pain-Related Expectancies in Smoking Cessation
Mentors: Shine Chang, Ellen R. Gritz, Cho Y. Lam, Diane M. Novy
\$132,000 total direct costs
- 2006-2007 **Recipient**, University Research Fellowship
Indiana University Purdue University Indianapolis
Mentor: Soren Svanum
\$23,000

CLINICAL EXPERIENCE

- 2011-2013 **Postdoctoral Fellow**, University of Texas MD Anderson Cancer Center
Department of Pain Medicine
Emphasis: Pain management, substance use, palliative care.
- 2010-2011 **Psychology Intern**, Southwest Consortium, Albuquerque, NM
University of New Mexico Hospital/Raymond G. Murphy VA
Emphasis: *Behavioral Medicine*
Rotations: Pain management, smoking cessation, substance use interventions
- 2007-2009 **Practicum Student**, IUPUI, Indianapolis, IN
Indiana University (IU) Hospital Pain Center, IU Neuropsychological Center, Larue Carter Inpatient Psychiatric Hospital
Rotations: Pain management, neuropsychological assessment, inpatient psychotherapy and assessment

TEACHING EXPERIENCE (COURSES TAUGHT)

CPH	Health Psychology (undergraduate) Personality Theory (undergraduate) Theories of Individual Counseling (graduate) Group Psychotherapy (graduate) Assessment and Testing for Psychotherapists (graduate) Law and Ethics (graduate) Comprehensive Exam Review (graduate)
IUPUI	Introduction to Psychology (4 sections) Social Psychology (Fall 2009, Spring 2010) Introduction to Psychology, Distance Learning Course (Fall 2010, Spring 2011)

INVITED ADDRESSES AND GUEST LECTURES

- Aigner, C. (December 2019). *The Applied (Clinical) Fields in Psychology*. Lecture for Psych Talks, Department of Psychology, Humboldt State University.
- Aigner, C. (January, 2017). Guest lecture and discussion leader for Fred Korematsu Day of Civil Liberties *Children of the Camps* film screening, Humboldt State University.
- Aigner, C. (July, 2014). *The Placebo Effect in Medicine*. Guest lecture in 'Mind-Body Medicine' (online course), Rutgers University.
- Aigner, C. (July, 2014). *Pain and Smoking Cessation in Cancer Patients*. Cancer Prevention Research Training Program Brown Bag Seminar. MD Anderson Cancer Center, Houston, TX.
- Aigner, C. (November, 2012). *Psychosocial Aspects of Pain*. Invited lecture given at the MD Anderson Cancer Center, Nursing Saturday Series: Cancer Pain Update. Houston, TX.
- Aigner, C. & Novy, D. (April, 2012). *The Role of Psychologists in Interdisciplinary Pain Management*. Invited lecture given at the American Society for Pain Management Nursing Houston Chapter Quarterly Meeting, Houston, TX.
- Aigner, C. & Novy, D. (January, 2012). *A Team Approach to Pain Management*. Invited lecture given at the Texas Medical Center Pain and Palliative Care Grand Rounds, Houston, TX.
- Aigner, C. (October, 2011). *Psychological Aspects of Pain: A Case Example*. Invited talk given at the MD Anderson Cancer Center and University of California-Davis Pain Management Videoconference, Houston, TX.
- Aigner, C. (June, 2011) *The Role of Motivation and Expectancy in the Placebo Effect*. Raymond G. Murphy VA Research Brown Bag Series, Albuquerque, NM.
- Aigner, C. (May 2010). *Mechanisms Involved in Placebo*. IUPUI Department of Psychology Clinical Psychology Brown Bag Series, Indianapolis, IN.

PROFESSIONAL SERVICE

2022- present Department Academic Personnel Committee, Chair

2024- present	Planning Committee for Research, Scholarship, and Creative Activities (PCRSC), Cal Poly Humboldt, Committee Member
2023- present	Faculty Awards Committee, Cal Poly Humboldt, Committee Member
2022- present	Grade Appeal Committee, Cal Poly Humboldt, Committee Member
2023- present	New Faculty Mentorship Program, Cal Poly Humboldt, Mentor
2022- present	Alcohol, Tobacco, and Other Drug Prevention Committee, Cal Poly Humboldt, Committee Member
2016- present	Counseling Psychology Graduate Program Coordinator
2015- present	Cal Poly Humboldt Instructional Review Board (IRB), Committee Member
2014- present	Ad Hoc Journal Reviewer: <i>AIDS Care- Psychology, Health, and Medicine, AIDS and Behavior, Child: Care, Health, and Development, Disability and Health Journal, Nicotine and Tobacco Research</i>
2024	CAPS Practicum Training Director Search Committee, Committee Member
2023	CAPS Residency Coordinator Search Committee, Committee Member
2022	Applied Behavior Analysis Tenure-line Faculty Position Search Committee, Committee Member
2019- 2020	Department Academic Personnel Committee, Committee Member
2015- 2017	Department of Psychology Undergraduate Curriculum Committee, Committee Member
2015-2019	Club Advisor, American Medical Student Association (AMSA) Humboldt State Chapter
2014- 2016	Counseling Psychology Graduate Program Committee, Committee Member
2013-2014	University of Texas Graduate School of Biomedical Sciences Mentoring Program for Underrepresented Minorities, Mentor
2012-2013	Trainee Review Committee for Leading Mentor in Cancer Prevention Award, MD Anderson Cancer Center, Committee Member
2013	Career Forum for Cancer Prevention Undergraduate Summer Research Program, MD Anderson Cancer Center, Panel Member, July 2013
2013	Cancer Prevention Research Training Program Poster Competition, Judge, August 2013