

**Jennifer Petullo**  
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## **Education**

**California Institute of Integral Studies, Master's in Integral Counseling Psychology, 2012 GPA 4.0**

**Pennsylvania State University, BA in Human Geography, 1998, GPA 3.87**  
**With Honors, Magna cum Laude, Phi Beta Kappa, Minor in Psychology**

## **Work Experience**

**Self-Employed, Marriage and Family Therapist, Arcata CA, 2017-present**

- Conduct psychotherapy sessions with individuals and couples.
- Specialize in treating depression, anxiety and trauma with a focus in Object Relations, Somatic, Transpersonal and CBT modalities.

**Lecturer, Humboldt State University, Arcata, CA, 8/2013- Present**

- Teach courses in the Department of Psychology and in the Master's in Counseling Program, and acted as an academic advisor for psychology majors.
- Coordinate the Master's in Counseling Psychology Program

**Associate Marriage and Family Therapist, Humboldt Family Service Center, Eureka, 2012- 2017**

- Conduct psychotherapy sessions with individuals, couples, children and families.

**Optician, Paraoptometric, ABOC, CPO, A to Z Eyecare, Arcata, CA, 2005- 2013**

- Carried out medical testing, assisted with glasses prescriptions and responded to patient issues.
- Wrote educational materials for patients, as well as a newsletter and radio ads.

**Self- Employed, Independent Massage Therapist/ Teacher, Arcata CA, 2005 – 2010**

- Provided massage and Marma acupressure sessions.
- Taught classes on anxiety reduction modalities and guided meditation.

**Researcher, Rights Action, Guatemala and Honduras, C.A., 2003-2004**

- Conducted interviews with groups about community responses to poverty and violence.
- Served as an international accompanier for communities at risk for election-related violence.
- Completed a speaking tour at universities in the US about the political situation in Honduras.

**Director, Redwood Peace and Justice Center, Arcata, CA, 2002- 2003**

- Organized volunteers and community organizations, taught workshops, and wrote articles.
- Directed the Center's operations, including events, bookkeeping, and fundraising.

**Teacher, Jubilee Partners, Comer, GA, 2000-2001**

- Taught classes on life skills and English to refugees that came to the United States.
- Provided emotional and psychological support to refugees.

**Case Worker, Ward Youth and Family Services, Pittsburgh, PA, 2000**

- Coordinated case load of 10 teenagers.
- Accompanied to court, trained in life skills, and assisted with jobs and education.

**Assistant Director of Human Resources, The Journey of Hope, Tulsa, OK, 1999**

- Coordinated speaking tours for murder victim family members and death row family members.
- Organized outreach projects in community groups and prisons.

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## **Teaching and Research Experience and Publications**

- **Recipient of Honor's College International Research Scholarship.** Conducted research on the effects of the social teachings of Rudolf Steiner on the Inisglas Community in Wexford County, Ireland. 1995
- **Teaching Assistant** for Seminar Course, English 421H Advanced Exposition Writing in conjunction with Political Science 135H The Politics of Scarcity. 1996
- **Research Assistant**, Department of Geography, traveled to Blagoevgrad, Bulgaria to produce papers from the Environmental Symposium in Sophia, 1997.
- **Research Assistant**, Pennsylvania State University Family and Child Development Lab, 1997. Observed and coded family interactions on factors of conflict resolution.
- **Research Assistant**, Center for Integrated Regional Assessment. Conducted research for online publications and the organization's website. 1997-1998
- **Senior Honor's Thesis**, "Alternative Approaches to Poverty and Social Research," published by Penn State University, 1998. Based on interviews with social service workers in Philadelphia.

## **Awards and Honors**

- Member of Penn State Schreyer's Honors College 1994-1998
- Recipient of Honors College Four-Year scholarship 1994-1998
- Presidential Academic Achievement Award 1994
- Honor's College International Research Scholarship 1995
- Recipient of Division of Undergraduate Studies Academic Scholarship 1997
- Recipient of Fulbright Fellowship 1998
- Member of Phi Beta Kappa
- Graduated Magna Cum Laude from Pennsylvania State University 1998
- Recipient of 2-year academic scholarship to the California Institute of Integral Studies 2010-2012