

CURRICULUM VITAE

Brandilynn J. Villarreal

Cal Poly Humboldt

Department of Psychology

1 Harpst Street, Arcata, CA 95521

(707) 826-3721 · bjv7@humboldt.edu

PROFESSIONAL APPOINTMENTS

- 2022-present Co-chair, Psychology Department, Cal Poly Humboldt
2017-present Assistant Professor, Psychology Department, Cal Poly Humboldt
2019-2022 Faculty Diversity and Equity Fellow, Office of Diversity, Equity, and Inclusion, Cal Poly Humboldt
2016-2017 Instructor of Record, Psychology Department, Irvine Valley College (IVC)
2014-2017 Teaching Associate, Psychological Sciences Department, University of California, Irvine (UCI)

EDUCATION

- 2017 Ph.D., Psychology, UCI
Concentration: Developmental; Minors: Social, Quantitative
Dissertation: *When Ambitions Aren't Enough: The Role of Motivation, Self-Regulation, and Individual Agency in Higher-Education Goal Pursuit*
Advisor: Jutta Heckhausen, PhD
- 2009 M.A., Clinical Psychology, California State University, Dominguez Hills (CSUDH)
- 2006 B.A., Psychology University of California, Los Angeles (UCLA)
Minor: Women's Studies

GRANTS

- 2022 *Does the Use of an Interactive General Chemistry Textbook Improve Student Perceptions of and Use of the Textbook and Increase Equitable Outcomes?*, California State University (CSU) Student Success Network Equity in Action Grant, \$14,984
- 2022 *7 Poster Presentations with Students at the Western Psychological Association Convention*, Professional Development Funds to Increase the Retention of BIPOC Faculty, Cal Poly Humboldt, \$3000
- 2021 *Diversity in Research Methods: Culturally Relevant Pedagogy that Reflects our Students' Identities*, Course Transformation Institute Award, Center for Teaching and Learning, Cal Poly Humboldt, \$1,400 for PIs, \$2,000 to Psychology Department

- 2021 *Boosting Resiliency in College Students with Disabilities using Hardiness Training, Research, Scholarship, and Creative Activities Program Grant, Cal Poly Humboldt, \$4,999*
- 2021 *Learning to Navigate Higher-Education and Career Paths, Office of Diversity, Equity, and Inclusion Grant, Cal Poly Humboldt, \$3,480*
- 2020-2021 *Teaching First-Generation College Students Across Cultural Strengths Seminar, CSU Institute for Teaching and Learning, \$500*
- 2020 *Mathematical Modeling of Macrophage Polarization -- Investigating the Role of Metabolism, NSF CAREER Grant, unfunded*
- 2020 *Learning to Navigate Cal Poly Humboldt and Higher Education System, Office of Diversity, Equity, and Inclusion Grant, Cal Poly Humboldt, \$3,500*
- 2019 *Summer Institute for Certificate in College Teaching and Learning in Hispanic Serving Institutions stipend, Cal Poly Humboldt, \$600*
- 2019 *Course Design Institute stipend, Cal Poly Humboldt, \$400*
- 2018 *Faculty of Color Grant, Cal Poly Humboldt, \$5,000*
- 2018 *Sustainable Learning Workshop, Cal Poly Humboldt, \$300*
- 2018 *Cal Poly Humboldt Center Activities Grant for supplementing teaching, \$249.75*
- 2018 *College Access and Retention among Local Area Youth, Research, Scholarship, and Creative Activities Program Grant, Cal Poly Humboldt, unfunded*
- 2015, 2016 *Martha Newkirk Award for Excellence in Research, School of Social Ecology, UCI, \$2,000 total*
- 2015 *Social Ecology Dean's Dissertation Writing Fellowship, UCI, \$11,668.50*
- 2014, 2015 *Pedagogical Fellow, Center for Engaged Instruction, UCI, \$3,000 total*
- 2013, 2014 *Mini-Grant, Chancellor's Doctoral Incentive Program, California State University, \$4,000 total*
- 2014 *Alison Clarke-Stewart Graduate Dissertation Award in Developmental Psychology, Psychological Sciences Department, UCI, \$1,000*
- 2011-2012 *Psychology and Social Behavior Summer Research Fellowship, UCI, \$6,000 total*
- 2010 *School of Social Ecology Merit Fellowship, UCI, \$16,635*
- 2009 *Chancellor's Doctoral Incentive Program (CDIP) recipient, California State University, \$30,000 forgivable loan*
- 2009 *Phi Kappa Phi Scholarship, \$1,000*

HONORS AND AWARDS

- 2022 *Increasing the Diversity of CSU Faculty article feature, CSU Chancellor's Doctoral Incentive Program*
- 2020-2021 *Open Educational Resource Faculty Showcase, Cal Poly Humboldt*
- 2018 *I'm a Toro Banner Campaign to honor distinguished alumni, CSUDH*
- 2012-2016 *Graduate Student Mentoring Award, School of Social Ecology, UCI*
- 2014 *Honorable Mention, Society for Personality and Social Psychology Diversity Fund Travel Award*
- 2011-2013 *Honorable Mention, Ford Foundation Predoctoral Fellowship*
- 2009 *Outstanding Master's Degree Student in Psychology, CSUDH*

PUBLICATIONS

- Villarreal, B., Vincent-Layton, K., Reynoso, E., White, K. N., & Begay, K. (in press). Do students perceive faculty as responsible for equitable learning environments? Results from a mixed-methods study. *Higher Education Research and Development*. <https://doi.org/10.1080/07294360.2022.2120856>
- Villarreal, B., Vincent-Layton, K., Reynoso, E., Begay, K., & White, K. N. (2022). Using faculty development to increase faculty perceptions of responsibility for highly equitable classroom practices. *The Journal of Faculty Development*, 36(1), 8-14.
- White, K. N., Vincent-Layton, K., & Villarreal, B. (2020). Equitable and inclusive practices designed to reduce equity gaps in undergraduate chemistry courses. *Journal of Chemical Education*, 98(2), 330-339. <https://doi.org/10.1021/acs.jchemed.0c01094>
- Maddi, S. R., Matthews, M. D., Kelly, D. R., Villarreal, B. J., Gunderson, K. K., & Savino, S. C. (2017). The continuing role of hardiness and grit on performance and retention in West Point cadets. *Military Psychology*, 29(5), 355-358. <https://doi.org/10.1037/mil0000145>
- Kriegbaum, K., Villarreal, B., Heckhausen, J., & Wu, V. (2016). Parents still matter: Patterns of shared agency with parents predict college students' academic motivation and achievement. *Motivation Science*, 2(2), 97-115. <https://doi.org/10.1037/mot0000033>
- Villarreal, B., & Heckhausen, J. (2016). Control striving and control perception in a lifespan developmental framework. In J. Reich & F. Infurna (Eds.), *Perceived control: Theory, research, and practice in the first 50 years*. Oxford University Press.
- Villarreal, B., Lessard, J., Heckhausen, J., Greenberger, E., & Chen, C. (2015). High-school seniors' college enrollment goals: Costs and benefits of ambitious expectations. *Journal of Adolescence*, 45, 327-340. <https://doi.org/10.1016/j.adolescence.2015.08.012>
- Villarreal, B., & Heckhausen, J. (2015). Lifespan development, theory of. In: James D. Wright (ed.), *International Encyclopedia of the Social & Behavioral Sciences*, (2nd ed., Vol. 14, pp. 100-107). Oxford: Elsevier. <https://doi.org/10.1016/B978-0-08-097086-8.34019-3>
- Paxton, K. C., Villarreal, B., & Hall, N. M. (2013). Increasing knowledge of HIV transmission: An important ingredient in HIV risk reduction among young African American women attending community college. *Journal of HIV/AIDS & Infectious Diseases*, 2, 1-7.
- Maddi, S. R., Erwin, L., Carmody, C., Villarreal, B., White, M., & Gunderson, K. K. (2013). Relationship of hardiness, grit, and emotional intelligence to internet addiction, excessive consumer spending, and gambling. *Journal of Positive Psychology*, 8(2), 128-134. <https://doi.org/10.1080/17439760.2012.758306>

Maddi, S. R., Matthews, M. D., Kelly, D. R., Villarreal, B., & White, M. (2012). The role of hardiness and grit in predicting performance and retention of USMA cadets. *Military Psychology, 24*, 19-28. <https://doi.org/10.1080/08995605.2012.639672>

MANUSCRIPTS UNDER REVIEW

Chang, E. S., Shane, J., Villarreal, B., & Heckhausen, J. (2022). Shared and nonshared agency for occupational goals with mothers, fathers, VIPs, and romantic partners. [Manuscript submitted for publication].

Villarreal, B. J., Cherry, K., & Weatherill, H. (2022). Transforming stress through hardiness training with college students with disabilities during COVID-19. [Manuscript submitted for publication].

MANUSCRIPTS IN PREPARATION

Villarreal, B., Iturbide, M. I., Wu, V. C., & Heckhausen, J. (in preparation). Asian American college students' achievement goal orientations, academic achievement, and acculturation orientations.

Villarreal, B., & Heckhausen, J. (in preparation). Academic goal engagement strategies facilitate transfer in community college students.

Villarreal, B. J., & Martinez, M. (in preparation). Persistence among first-generation college students in doctoral programs: A qualitative investigation.

Villarreal, B. J., Tibbets, V., Kim, J., Arif, W., & Heckhausen, J. (in preparation). Motivation among transfer students: A qualitative analysis of psychological factors that influence success.

Villarreal, B., Kriegbaum, K., Wu, V. C., & Heckhausen, J. (in preparation). Ethnicity moderates the relationship between shared agency and academic motivation and achievement in college students.

CONFERENCE PAPER PRESENTATIONS

Villarreal, B., & Iturbide, M. (2022, May). *Diversity in research methods: Culturally relevant pedagogy that reflects our students' identities*. Project presented at Cal Poly Humboldt's annual Teaching Excellence Symposium, Arcata, CA.

Villarreal, B. (2020, February). *Doing more to support students' learning*. Project presented at Cal Poly Humboldt ESCALA Alumni's Final Project Symposium, Arcata, CA.

Villarreal, B., & Martinez, M. (2019, April). *Challenges to persistence among first-generation doctoral students*. Paper presented at the 99th annual meeting of the Western Psychological Association, Pasadena, CA.

- Limas, I., Villarreal, B., & Heckhausen, J. (2016, May). *Academic stress in university students and its relationship to motivation and mental and physical health*. Paper presented at the 22nd annual UCI Undergraduate Research Symposium, Irvine, CA.
- Villarreal, B., Kriegbaum, K., Heckhausen, J., & Wu, V. (2015, April). *The role of shared/non-shared agency in college motivation and achievement*. Paper presented at the 95th annual meeting of the Western Psychological Association, Las Vegas, NV.
- Villarreal, B., Heckhausen, J., & Lessard, J. (2014, May). *College enrollment goals for the year after high school: Costs of failure and benefits of ambition*. Paper presented at the 7th annual meeting of the Society for the Study of Motivation, San Francisco, CA.
- Villarreal, B., Heckhausen, J., & Lessard, J. (2014, May). *High-school seniors' short-term educational goals: Do the costs of failing one's goals outweigh the benefits of ambitious goal setting?* Paper presented at the 26th annual meeting of the Association for Psychological Science, San Francisco, CA.
- Villarreal, B. (2014, April). *College enrollment goals for the year after high school: Costs of failure and benefits of ambition*. Paper presented at the 1st annual UCI Associate Graduate Student Symposium, Irvine, CA.
- Villarreal, B., & Heckhausen, J. (2013, May). *What's in a quarter: Adjusting and re-engaging with course aspirations after mid-quarter feedback*. Paper presented at the 6th annual meeting of the Society for the Study of Motivation, Washington, DC.
- Wu, V., Villarreal, B., & Heckhausen, J. (2013, May). *Shared agency in academic motivation and achievement*. Paper presented at the 20th annual UCI Undergraduate Research Symposium, Irvine, CA.
- Villarreal, B. (2013, March). *Missing the mark: Responses to negative feedback in a difficult course*. Paper presented at the Developmental Psychology Brown Bag Series, Psychological Sciences Department, UCI, CA.
- Villarreal, B. (2012, May). *What's in a quarter? The impact of feedback on students' course aspirations and goal-engagement behaviors*. Paper presented at the Psychological Sciences Department Colloquium Series, UCI, Irvine, CA.
- Shirinian, G., Markarian, I., Simpliciano, L., Villarreal, B., & Heckhausen, J. (2012, May). *Motivation and self-regulation in transfer students: Relations to beliefs about future career*. Paper presented at the 19th annual UCI Undergraduate Research Symposium, Irvine, CA.
- Villarreal, B. (2009, February). *Sensation-seeking and high-risk sexual behavior among urban college students*. Paper presented at the 3rd annual Student Research Day at CSUDH, Carson, CA.

Villarreal, B. (2009, February). *Negative attitudes toward condoms predicts loneliness among young African-American women*. Paper presented at the 3rd annual Student Research Day at CSUDH, Carson, CA

Villarreal, B., Mehdiyoun, N. F. (2008, May). *Aphrodisiac knowledge and preferences: Classic vs. contemporary*. Paper presented at the 32nd annual meeting of the Social Science Research and Instructional Council, Long Beach, CA.

CONFERENCE POSTER PRESENTATIONS

Jimenez-Madora, E., Bumgardner, E., Sosa-Rosales, B., Cherry, K. D., Iturbide, M., & Villarreal, B. (2022, April). *The impact of COVID-19 on academic stress and achievement goal orientations in college students*. Poster presented at the 102nd annual meeting of the Western Psychological Association, Portland, OR.

Timin, S., Cherry, K. D., Villarreal, B., Avila, M., & Anjewierden, B. (2022, April). *Institutional autonomy support predicts college student's achievement goals through psychological need satisfaction*. Poster presented at the 102nd annual meeting of the Western Psychological Association, Portland, OR.

Timin, S., Cherry, K. D., Villarreal, B., Avila, M., Anjewierden, B., & Levy, R. (2022, April). *Autonomy support promotes college student online engagement through mastery-approach goals and self-esteem*. Poster presented at the 102nd annual meeting of the Western Psychological Association, Portland, OR.

Timin, S., Iturbide, M., Villarreal, B., Sosa-Rosales, B., & Jimenez-Madora, E. (2022, April). *Threat stress appraisals moderate the relationship between social support and degree commitment*. Poster presented at the 102nd annual meeting of the Western Psychological Association, Portland, OR.

Weatherill, H., Cherry, K., Avila, M., Taylor, L., & Villarreal, B. (2022, April). *The relationship between hardiness, stress, and mental health in college students with disabilities during COVID-19*. Poster presented at the 102nd annual meeting of the Western Psychological Association, Portland, OR.

Villarreal, B., Iturbide, M., Magallanes, S., Lara, L., Armenta Villa, L., & Jimenez-Madora, E. (2022, April). *Students' experiences with diversity, equity, and inclusion in research methods courses*. Poster presented at the 102nd annual meeting of the Western Psychological Association, Portland, OR.

Villarreal, B., Wagoner, K., Alcaraz, D., Escola, K., & Weatherill, H. (2022, April). *College instructors' perceived responsibilities: A descriptive study*. Poster presented at the 102nd annual meeting of the Western Psychological Association, Portland, OR.

Weatherill, H., Cherry, K., Villarreal, B., Vasquez, N., & Iturbide, M. (2022, March). *Transforming stress: Hardiness training with disabled college students during COVID-*

19. Poster presented virtually at the annual meeting for the Society for Research on Adolescence, New Orleans, LA.

*Award recipient

Cherry, K., Weatherill, H., Vasquez, N., Sosa-Rosales, B., Avila, M., & Villarreal, B. (2021, April). *College students' COVID-related stress, basic psychological needs, and goal achievement orientations during virtual instruction*. Poster presented at the 101st annual meeting of the Western Psychological Association, Virtual conference.

*Student Research Award recipient

Cherry, K. D., Davis, M, Salazar, T. A., Sosa-Rosales B., Kirakosyan, T., Foster, A., Jimenez-Madora, E., Mariscal, M., Delluna, K., Estrada, D., Iturbide, M. I., & Villarreal, B. (2021, April). *College students' hardiness: Predicted by perceived stress and explained by stress appraisals*. Poster presented at the biennial meeting of the Society for Research on Child Development, Virtual conference.

Cherry, K., Sosa-Rosales, B., Jimenez-Madora, E., Weaver, K., & Villarreal, B. (2021, April) *Personality, goal pursuit, and wellbeing in undergraduates*. Poster presented at the biennial meeting of the Society for Research on Child Development, Virtual conference.

Sosa-Rosales, B., Cherry, K., & Villarreal, B. (2021, April), *Goal engagement and disengagement strategy utilization among ethnically diverse college students*. Poster presented at the biennial meeting of the Society for Research on Child Development, Virtual conference.

Villarreal, B. & Iturbide, M. I. (2021, April). *Asian American college students' achievement goal orientations, academic achievement, and acculturation orientations*. Poster presented at the biennial meeting of the Society for Research on Child Development, Virtual conference.

*Ribbon awarded by conference committee for exemplifying Ethnic and Racial Issues related to children's development.

Cherry, K. D., Sosa-Rosales, B., Villa, K. B., Villarreal, B., & Iturbide, M. I. (2021, March). *Acculturative stress and hardiness in college students of colors' academic performance, internalized, and externalized behavior*. Poster presented at the biennial meeting of the Society for Research on Adolescence, Virtual conference.

Villarreal, B., Begay, K., & White, K. N. (2021, December). *College instructor's perceived responsibilities for implementing highly equitable classroom practices*. Poster presented at Cal Poly Humboldt's annual Teaching Excellence Symposium, Arcata, CA.

Villarreal, B. (2020, December). *Doing more to support students' learning with the ladder*. Poster presented at Cal Poly Humboldt's annual Teaching Excellence Symposium, Arcata, CA.

- Escalante, S., Villa, K., Cherry, K., Egbert, N., Messina, F., & Villarreal, B. (2020, October). *STEM undergraduate summer research program: Measuring academic engagement, educational aspirations, and binational collaboration intentions*. Poster presented at the 100th annual meeting of the Western Psychological Association, Virtual conference.
- Villarreal, B., Begay, K., & White, K. (2020, September). *College instructors' perceived responsibilities for implementing highly equitable classroom practices*. Poster accepted for the 22nd annual CSU Symposium on Teaching and Learning, CSU Fullerton, CA (conference cancelled).
- Villarreal, B. (2018, April). *Motivation and self-regulation in community college students aspiring to transfer*. Poster presented at the biennial meeting of the Society for Research on Adolescence, Minneapolis, MN.
- Golbodaghi, A., Hernandez, G., Merino, M., Yau, P. S., Villarreal, B. J., & Heckhausen, J. (2016, May). *Motivation, employed community college students, and transfer goal-pursuit*. Poster presented at the 22nd annual UCI Undergraduate Research Symposium, Irvine, CA.
- Kim, K. M., Tibbetts, V., Villarreal, B. J., & Heckhausen, J. (2016, April). *A qualitative analysis of psychological factors that influence transfer student motivation*. Poster presented at the 96th annual meeting of the Western Psychological Association, Long Beach, CA.
- Limas, I., Villarreal, B. J., Cross, M., & Heckhausen, J. (2016, April). *Academic stress, motivation, and mental and physical health in university students*. Poster presented at the 96th annual meeting of the Western Psychological Association, Long Beach, CA.
- Merino, M., Hernandez, G., Golbodaghi, A., Yau, P. S., Villarreal, B. J., & Heckhausen, J. (2016, April). *Motivation and employment in community college students*. Poster presented at the 96th annual meeting of the Western Psychological Association, Long Beach, CA.
- Lee, Y. M., Mansoorian, E., Villarreal, B., & Heckhausen, J. (2015, May). *The role of congruent motives in community college student success*. Poster presented at the 21st annual UCI Undergraduate Research Symposium, Irvine, CA.
- Hernandez, G., Limas, I., Merino, M., Wang, Y., Villarreal, B., & Heckhausen, J. (2015, May). *Motivation, self-regulation, and individual agency in higher-education goal pursuit*. Poster presented at the 21st annual UCI Undergraduate Research Symposium, Irvine, CA.
- Villarreal, B., Kriegbaum, K., Wu, V., & Heckhausen, J. (2015, March). *Shared and non-shared agency as predictors for academic achievement and motivation*. Poster presented at the 1st Annual International Convention of Psychological Science, Amsterdam, The Netherlands.

- Villarreal, B., Heckhausen, J., & Lessard, J. (2015, February). *Ambitiousness in college enrollment goals: Is it worth it?* Poster presented at the 16th annual meeting of the Society for Personality and Social Psychology, Long Beach, CA.
- Wu, V., Villarreal, B., Heckhausen, J., & Kriegbaum, K. (2015, February) *Shared and non-shared agency in academic motivation and achievement*. Poster presented at the 16th annual meeting of the Society for Personality and Social Psychology, Long Beach, CA.
- Farzanmehr, B., Savino, S., Saifabad, N., Shirmohammadi, M., Villarreal, B., & Maddi, S. (2015, February). *Hardiness and excessive gambling behaviors*. Poster to be presented at the 16th annual meeting of the Society for Personality and Social Psychology, Long Beach, CA.
- Mendoza, Y., Villarreal, B., & Heckhausen, J. (2014, May). *A cross-ethnic comparison of motivation and goal engagement in community college students*. Poster presented at the 20th annual UCI Undergraduate Research Symposium, Irvine, CA.
- Puthran, D., Villarreal, B., & Heckhausen, J. (2014, May). *Matching student obstacles with discrepancies in time to transfer*. Poster presented at the 20th annual UCI Undergraduate Research Symposium, Irvine, CA.
- Patihis, L., & Villarreal, B. (2014, March). *Hierarchical linear modeling: The effect of smoking and statewide maternal education on infant birth weight*. Poster presented at Hierarchical Linear Modeling Statistics Session, UCI, Irvine, CA.
- Maddi, S. R., Gunderson, K. K., Savino, S. C. M., & Villarreal, B. (2013, August). *Multivariate analysis of hardiness and grit on cadet performance at USMA, West Point*. Poster presented at the 121st annual meeting of the American Psychological Association, Hawaii.
- Wu, V., Villarreal, B., & Heckhausen, J. (2013, May). *Shared agency with parents in academic motivation and achievement*. Poster presented at the 6th annual meeting of the Society for the Study of Motivation (SSM), Washington, DC.
- Villarreal, B., & Heckhausen, J. (2013, May). *The impact of feedback on students' course aspirations and goal-engagement behaviors*. Poster presented at the 25th annual meeting of the Association for Psychological Science, Washington, DC.
- Bubolz, V., Mendoza, Y., Poissant, D., Puthran, D., Villarreal, B., & Heckhausen, J. (2013, May). *Is it worth it? The impact of changing majors on students' motivation, well-being, and academic performance*. Poster presented at the 19th annual UCI Undergraduate Research Symposium, Irvine, CA.
- Maddi, S. R., Gunderson, K. K., Savino, S. C. M., Villarreal, B. (2013, April). *USMA West Point cadet's performance predicted by hardiness: A longitudinal study*. Poster presented at the 93rd annual meeting of the Western Psychological Association, Reno, NV.

- Maddi, S. R., Mathews, M. D., Kelly, D. R., Resurreccion, N., Villarreal, B. J. (2010, August). *The relationship between hardiness and performance in challenging environments*. Poster presented at the 118th annual meeting of the American Psychological Association, San Diego, CA.
- Villarreal, B., & Ruiz, P. (2010, February). *The relationship between risk behavior, sensation-seeking, and daily spiritual experiences*. Poster presented at the 5th annual Student Research Day at CSUDH, Carson, CA.
- Villarreal, B., & Paxton, K. (2009, April). *The relationship between mental health variables and sexual risk behavior among young African-American women*. Poster presented at the 89th annual meeting of the Western Psychological Association, Portland, OR.
- Mehdiyoun, N. F., Villarreal, B., De Villers, L., & Sneed, C. D. (2008, April). *Demographic differences in aphrodisiac use, preferences, and beliefs: Results from an online survey*. Poster presented at the 88th annual meeting of the Western Psychological Association, Irvine, CA.
- Mehdiyoun, N. F., Villarreal, B., De Villers, L., & Sneed, C. D. (2007, November). *Online survey research: Classic and contemporary aphrodisiac food and libation preferences as related to demographic variables*. Poster presented at the 2nd annual Student Research Day at CSUDH, Carson, CA.
- Ghavami, N., Villarreal, B., & Badgen, M. (2006, April). *Implications of gay and lesbian identity exploration and identity commitment for psychological well-being*. Poster presented at the 86th annual meeting of the Western Psychological Association, Palm Springs, CA.

TEACHING EXPERIENCE (COURSES TAUGHT)

- 2017-present Assistant Professor, Cal Poly Humboldt
 Human Development and Human Development Discussion
 Psychology of Adolescence & Young Adulthood
 Understanding Research in Psychology
 Aging and Long-term Care (graduate)
- 2016-2017 Instructor of Record, IVC
 Introduction to Psychology
 Developmental Psychology: Childhood and Adolescence
- 2014-2017 Teaching Associate, UCI
 Introduction to Psychology
 Psychological Statistics
 Naturalistic Field Research, writing intensive
 Motivation Across the Lifespan
 The Hardiness Approach to Stress Management

2011-2015 Teaching Assistant, UCI
 Motivation
 Life-Span Development (in-person and online)
 Infant Development
 Gerontology
 Naturalistic Field Research
 The Hardiness Approach to Stress Management
 Personality
 Introduction to Psychology (online)

2007-2009 Teaching Assistant, CSUDH, Chaffey College, Santa Monica College
 Advanced Research Methods (graduate)
 Advanced Research Methods in Social Psychology
 Community Psychology (graduate)
 Human Sexuality (graduate and undergraduate)
 Introduction to Neuropsychology
 Health Psychology

GUEST LECTURES/SERVICE PRESENTATIONS

2022 *Inclusive Excellence Strategies*, Spring 2022 Professional Development Day, Cal Poly Humboldt

2022 *Avoiding Unconscious Bias in the Hiring Process 2.0*, monthly sessions, Office of Diversity, Equity, and Inclusion, Cal Poly Humboldt

2022 *Implicit Bias and the Dimensions of Racism*, 2 sessions with Humboldt Mediation Services, Office of Diversity, Equity, and Inclusion, Cal Poly Humboldt

2022 *Engaging All Students: Practical Strategies for Developing Inclusive Student Experiences*, New Faculty Learning Academy, Center for Teaching and Learning, Cal Poly Humboldt

2022 *Introduction to Human Development*, TRiO Winter Academy, Talent Search, Cal Poly Humboldt

2021 *What Does “Calling In” Look Like in the Classroom?*, Thinking from the Field Blog, Center for Teaching and Learning, Cal Poly Humboldt

2021 *Diversity, Equity, and Inclusion Issues in Post-Secondary School and Work*, PSYC 647 Proseminar, Psychology Department, Cal Poly Humboldt

2021 *Moving Beyond HSI Designation to HSI Thriving*, Fall 2021 Professional Development Day, Cal Poly Humboldt

2021 *Engaging All Students: Practical Strategies for Inclusive Teaching*, Fall 2021 Professional Development Day, Cal Poly Humboldt

2019-2021 *Faculty Diversity and Equity Fellowship Program: Facilitating Equity at Cal Poly Humboldt* 2-part learning sessions delivered to all Departments/Programs/Academic Units, Cal Poly Humboldt

2021 *Classroom Practices: Supporting Trans*, Gender Non-binary, Gender Non-conforming Students*, Spring 2021 Professional Development Days, Cal Poly Humboldt

- 2021 *Teaching with Technology in Synchronous and Asynchronous Modalities*, Spring 2021 Professional Development Days, Cal Poly Humboldt
- 2021 *Preparing for Leadership in Governance Roles*, Spring 2021 Faculty Inclusivity Conference, Cal Poly Humboldt
- 2021 *Implicit Bias and the Dimensions of Racism*, 2 sessions with Area 1 Agency on Aging, Office of Diversity, Equity, and Inclusion, Cal Poly Humboldt
- 2020 *Doctora Voices Panel*, El Centro Academico Cultural, Cal Poly Humboldt
- 2020 *Driving without Fully Functional Brakes: Adolescent Brain Development*, Youth Mentorship Program, Cal Poly Humboldt
- 2020 *Checking in: Well-Being Inquiry as Part of Class*, Center for Teaching and Learning, Cal Poly Humboldt
- 2020 *Enhancing Motivation after Failure: Perceived Academic Control*, Center for Teaching and Learning, Cal Poly Humboldt
- 2020 *Driving without Fully Functional Brakes: Adolescent Brain Development*, Teen Court Leaders, Boys and Girls Club of the Redwoods
- 2019 *Latinx Experiences: CAPS In-service Training*, Counseling and Psychological Services (CAPS), Cal Poly Humboldt
- 2019 *Be (Emotionally and Mentally) Prepared for Graduate School*, Academic Research Graduate Program Orientation, Psychology Department, Cal Poly Humboldt
- 2019 *The Role of Cultural Context in College Teaching and Learning*, Psychology Department Retreat, Cal Poly Humboldt
- 2018 *Challenges to Persistence Among First-Generation Doctoral Students*, Psych Talk, Cal Poly Humboldt
- 2018 *First-Generation Students: The Struggles and the Power*, La Comunidad Learning Living Community, Cal Poly Humboldt
- 2016 *Mentoring Across Differences*, Mentoring Excellence Program, Graduate Resource Center, UCI
- 2015 *Pathways to Success: The Role of Motivation, Self-Regulation, and Individual Agency in Higher Education Goal Pursuit*, Psych Talk, Saddleback College
- 2015 *The Power of a Growth Mindset*, Youth Group, Archangel Michael Church, Santa Ana, CA
- 2014 *Research at the University*, Introduction to Research Methods, IVC
- 2014 *National Science Foundation Graduate Research Fellowship Program Workshop and Personal Statement Workshop*, McNair Scholars Program, CSUDH
- 2009 *Personal Statements*, McNair Scholars Program Retreat, CSUDH
- 2008 *Academic Poster Presentations and Annotated Bibliographies*, McNair Research Methods Course, CSUDH
- 2008 *Gender and Sexuality*, Human Sexuality, CSUDH
- 2007 *Sexuality and the Life Cycle: Childhood and Adolescence and Sexual Behavior on TV*, Human Sexuality, CSUDH
- 2007 *Prejudice and Scales and Indexes*, Advanced Research Methods in Social Psychology Lab, CSUDH

RELEVANT EXPERIENCE

2011-2017	Graduate Student Mentor, UCI
2014-2015	Pedagogical Fellow, Center for Engaged Instruction, UCI
2014	Consultant, McNair Scholar Program, CSUDH
2013	Contributor, Psychology Today: <i>Aspire, Perspire, Repeat</i> online blog
2008-2010	Program Coordinator, McNair Scholar Program, CSUDH
2007-2009	Graduate Assistant, Master's in Clinical Psychology Program, CSUDH
2008	Graduate Assistant, McNair Scholars Program, CSUDH

DEPARTMENTAL AND UNIVERSITY SERVICE

2022-present	Equity Advocate for Search Committees, Cal Poly Humboldt
2022-present	Search Committee, School Psychology, Psychology Department, Cal Poly Humboldt
2021-present	Creando Conciencia (Raising Awareness) Professional Learning Community Curriculum Team, Cal Poly Humboldt
2021-present	Assessment & curriculum development of Creando Conciencia (Raising Awareness) Professional Learning Community, Middle Leadership Academy, CSU Student Success Network
2021-present	Trans*, Gender Non-binary, Gender Non-conforming Task Force, Cal Poly Humboldt
2021-present	Retention through Academic Mentoring Program (RAMP) Major Based Peer Mentoring Program Advisor, Psychology Department, Cal Poly Humboldt
2021-present	Undergraduate Scholarship Committee, Psychology Department, Cal Poly Humboldt
2019-present	Retention, Tenure, and Promotion (RTP) Revision Committee, Psychology Department, Cal Poly Humboldt
2019-present	Diversity, Equity, and Inclusion Committee, Psychology Department, Cal Poly Humboldt
2019-present	Co-advisor: Psi Chi, the National Honors Society in Psychology, and Psychology Club, Cal Poly Humboldt
2018-present	Hispanic Serving Institution (HSI) Advisory Board, Cal Poly Humboldt
2018-present	Committee Member, Academic Research Graduate Program, Cal Poly Humboldt
2021-2022	Appointments and Elections Committee, University Senate, Cal Poly Humboldt
2021-2022	Accreditation Coordinating Committee, Cal Poly Humboldt
2020-2022	BIPOC Faculty Affinity Group, Cal Poly Humboldt
2019-2022	Faculty Diversity and Equity Fellow, Office of Diversity, Equity, and Inclusion, Cal Poly Humboldt
2018-2022	Fall and Spring Previews, Psychology Department Representative, Cal Poly Humboldt
2018-2022	Graduation Student Marshall, College of Professional Studies, Cal Poly Humboldt
2022	Search Committee Chair, ASC-II, Psychology Department, Cal Poly Humboldt
2022	Search Committee, Campus and Community Development Diversity Training Specialist, Office of Diversity, Equity, and Inclusion, Cal Poly Humboldt

2022 Reviewed applications and distribution of Student Travel Awards, Psychology Department, Cal Poly Humboldt

2021 Search Committee, Director of Institutional Research, Analytics, and Reporting (IRAR), Cal Poly Humboldt

2019-2021 Major Restructuring Committee, Psychology Department, Cal Poly Humboldt

2019-2021 Outstanding Student Awards Committee, College of Professional Studies, Cal Poly Humboldt

2018-2021 President's Diversity, Equity, and Inclusion Council (DEIC), Cal Poly Humboldt

2020 Moderator, Teaching Excellence Symposium, Center for Teaching and Learning, Cal Poly Humboldt

2020 Employee Engagement and Success Working Group, 2021-26 Strategic Planning Committee, Cal Poly Humboldt

2020 Quality Learning and Teaching (QLT) Peer Reviewer, Center for Teaching and Learning, Cal Poly Humboldt

2020 eLearning Ambassador, Center for Teaching and Learning, Cal Poly Humboldt

2019, 2020 Participating faculty member, College Connect Program, Education at Work, Humboldt County Office of Education

2019 Search Committee, Director of Academic Resources, Cal Poly Humboldt

2019 College and Career Fair, Psychology Department Representative, Fortuna High School

2019 Career and Education Fair, Psychology Department Representative, McKinleyville High School

2019 Fall Professional Development Day Facilitator, Cal Poly Humboldt

2018, 2019 Graduation Assistant and volunteer, Latinx Graduation Ceremony, Cal Poly Humboldt

2018 Chaperone, Northern California Forum for Diversity in Graduate Education, Cal Poly Humboldt

2018 Search Committee, ASC-II, Psychology Department, Cal Poly Humboldt

2016 Panelist, *The Role of Undergraduate Research in Graduate Admissions*, Southern California Forum for Diversity in Graduate Education

2015, 2016 Panelist and Recruiter, Behavioral Science, Southern California Forum for Diversity in Graduate Education

2015 Panelist, New Graduate Student Orientation, School of Social Ecology, UCI

2015 Panelist, Online Teaching Panel, Center for Engaged Instruction, UCI

2014 Graduate representative on search committee for Lecturer with Potential for Security of Employment, UCI

2014 Designed and implemented a two-day training program for new Teaching Assistants in the School of Social Ecology, UCI

2014 Panelist, Graduate Student Panel, Latina/o Student Psychological Association, UCI

2013, 2014 Volunteer, Southern California Forum for Diversity in Graduate Education

2014 Panelist, Graduate Student Panel, Graduate Resource Center, UCI

PROFESSIONAL SERVICE

- 2021-present Guest Associate Editor/Topic Editor, *Frontiers in Psychology: Organizational Psychology Special Topic “Social Relationships and Career Development Throughout the Lifespan: Identifying Patterns of Shared and Nonshared Agency”*
- 2022 Chair, two Distinguished Speaker Sessions, Western Psychological Association
- 2022 Ad hoc manuscript reviewer, *Frontiers in Psychology: Health Psychology*
- 2020, 2021 Abstract reviewer, Education/Schooling panel, Society for Research in Child Development
- 2020, 2021 Abstract reviewer, Alliance for Hispanic Serving Institution Educators (AHSIE) Conference
- 2017-18, 2021 Abstract reviewer, Western Psychological Association Convention
- 2021 Abstract reviewer, School/Educational Context panel, Society for Research on Adolescence (SRA)
- 2021 Ad hoc manuscript reviewer, *Sustainability*
- 2019, 2020 Ad hoc manuscript reviewer, *Journal of Applied Developmental Psychology*
- 2018, 2020 Ad hoc manuscript reviewer, *Education Sciences*
- 2018, 2019 Ad hoc manuscript reviewer, *Journal of Research on Adolescence*
- 2018, 2019 Ad hoc manuscript reviewer, *International Journal of Environmental Research and Public Health*
- 2019 Ad hoc manuscript reviewer, *Journal of Social and Personal Relationships*
- 2019 Ad hoc manuscript reviewer, *Educational Research for Policy and Practice*
- 2018 Ad hoc manuscript reviewer, *Social Sciences*
- 2013-2016 Mentor, Association for Psychological Science Mentoring Program
- 2016 Panelist, *How to Get into and Through Graduate School*, Western Psychological Association Annual Conference
- 2015 Ad hoc manuscript reviewer, *Australian Journal of Psychology*
- 2014 Panelist, Graduate Student Panel, Promoting Excellence in Graduate Studies Program, CSUDH
- 2014 Panelist, *Surviving Graduate School*, Association for Psychological Science Annual Conference

CERTIFICATIONS

- 2021 Mindful Facilitation: Cross-Cultural Facilitation Training, Cal Poly Humboldt
- 2020 Cultural Humility Train the Trainer Certificate, Melanie Tervalon Consulting and World Trust Educational Services
- 2019 Certificate in College Teaching and Learning in Hispanic Serving Institutions, ESCALA Educational Services, Inc.
- 2017 Course Design Certificate Program, UCI
- 2010 HardiTraining Certified, UCI

PROFESSIONAL AFFILIATIONS

- 2020-present Society for Research in Child Development
- 2018-present Society for Research on Adolescence

2008-present Western Psychological Association
2013-2016 Society for the Study of Motivation
2014 Society for Personality and Social Psychology
2013-2014 Association for Psychological Science
2011 American Psychological Association, Division 7
2009 Phi Kappa Phi
2008 American Psychological Association, Division 53 & 37
2008 Psi Chi – National Honor Society in Psychology, Secretary

VOLUNTEER

2019 *Making College Happen* Volunteer, Cal Poly Humboldt
2018 *I've Been Admitted to College* Volunteer, Cal Poly Humboldt
2017-2018 Winter Wishes Gift Wrapping Party, Cal Poly Humboldt
2017-2018 Annual Pancake Dinner Volunteer, Cal Poly Humboldt
2017 Spare Change Peer Education and Teen Theatre Troupe Evaluator, Planned Parenthood Northern California